

FITNESS POOL

SCHEDULE

MON + WED + FRI

Adult Swim

5AM-6:30AM

Moonlight Adult Swim

6:30AM-8:30AM

Adult Swim

8:30AM-11AM

Aqua Fit

11AM-12PM

Adult Swim

12PM-1PM

Summer Camp*

1PM-2PM

Family Swim + Swim Lessons**

2PM-8PM

Adult Moonlight Swim

8PM-9PM

TUESDAY + THURSDAY

Adult Swim

5AM-6:30AM

Moonlight Adult Swim

6:30AM-8:30AM

Adult Swim

8:30AM-9AM

Aqua Fit

9AM-10AM

Adult Swim

10AM-1PM

Summer Camp*

1PM-2PM

Family Swim + Swim Lessons**

2PM-8PM

Adult Moonlight Swim

8PM-9PM

SATURDAY + SUNDAY

Adult Moonlight Swim

7AM-8AM

Adult Swim

8AM-10AM

Family Swim~

10AM-7PM

~Pool may be in use for birthday parties

*Summer Camp attendees are scheduled to use the Fitness Pool Monday - Friday, 1pm - 2pm
6/15/26 - 8/28/26.

**Family Swim is open to all swimmers. Youth swim lessons may also take place at this time.

Fitness Pool Temp: 88°F | Updated 6/29/26

Club Hours | Mon - Fri 5AM-9PM | Sat - Sun 7AM-7PM